

FOOTBALLERS

# YOUTH YEAR ENGLAND BOURNEMOUTH



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**IFX**   
INTERNATIONAL FUTBOL X-CHANGE

# PLAY SOCCER ABROAD!

➤ IFX welcomes you to our organization and we are looking forward to working with you during IFX experience. Your journey abroad will be challenging, yet rewarding in many ways. In order to prepare you for your program, please read through the IFX Program guide to learn about our different processes and for tips on different things while living abroad.

This guide discusses all aspects of your upcoming program including important information about the program region, the school, club placement process, and more. Please read thoroughly through this program guide and should any further questions arise, please let us know.

# ENGLAND



Home to some of the world's greatest football clubs including Manchester United, Chelsea FC, and Arsenal, England is the country most desired to play in worldwide.

With a diverse landscape from large, bustling cities, to quaint towns and shires, England has something for everyone. With an excellent reputation for fashion, film, music, and football, England is the number one destination in the world for students.

Many ancient standing stone monuments were erected during the prehistoric period, amongst the best-known are Stonehenge, Devil's Arrows, Rudston Monolith and Castlerigg. With the introduction of Ancient Roman architecture there was a development of basilicas, baths, amphitheaters, triumphal arches, villas, Roman temples, Roman roads, Roman forts, stockades and aqueducts. It was the Romans who founded the first cities and towns such as London, Bath, York, Chester and St Albans. Perhaps the best-known example is Hadrian's Wall stretching right across northern England. Another well-preserved example is the Roman Baths at Bath, Somerset.

In the field of popular music, many English bands and solo artists have been cited as the most influential and best-selling musicians of all time. Acts such as The Beatles, Led Zeppelin, Pink Floyd, Elton John, Queen, Rod Stewart and The Rolling Stones are among the highest selling recording artists in the world.

Large outdoor music festivals in the summer and autumn are popular, such as Glastonbury, V Festival, and the Reading and Leeds Festivals. The most prominent opera house in England is the Royal Opera House at Covent Garden. The Proms – a season of orchestral classical concerts held at the Royal Albert Hall in London – is a major cultural event in the English calendar, and takes place yearly. The Royal Ballet is one of the world's foremost classical ballet companies, its reputation built on two prominent figures of 20th-century dance, prima ballerina Margot Fonteyn and choreographer Frederick Ashton.



# BOURNEMOUTH

Bournemouth is a large coastal resort town on the south coast of England directly to the east of the Jurassic Coast, a 96-mile (155 km) World Heritage Site. The town centre has notable Victorian architecture and the 202-foot (62 m) spire of St Peter's Church, one of three Grade 1 listed churches in the borough, is a local landmark. Bournemouth's location has made it a popular destination for tourists, attracting over five million visitors annually with its beaches and popular nightlife. The town is also a regional centre of business, home of the Bournemouth International Centre or BIC, and a financial sector that is worth more than £1,000 million in gross value added.

Bournemouth is a tourist and regional centre for leisure, entertainment, culture and recreation. Local author and former mayor, Keith Rawlings, suggests that Bournemouth has a thriving youth culture due to its large university population and many language school students. In a 2007 survey by First Direct, Bournemouth was found to be the happiest place in the UK, with 82% of people questioned saying they were happy with their lives.

Bournemouth is currently host to a number of festivals. Bournemouth Food and Drink Festival is a ten-day event which combines a market with live cookery demonstrations. The Arts by the Sea Festival is a mix of dance, film, theatre, literature, and music which was launched in 2012 by the local university, the Arts University Bournemouth, and is set to become an annual event. The Bourne Free carnival is held in the town each year during the summer.

The town has a professional football club, AFC Bournemouth, known as the Cherries, which was promoted to the Championship in 2013 and Premier League in 2015. AFC Bournemouth play at Dean Court near Boscombe in Kings' Park, 2 miles (3 km) east of the town centre.





## > BOURNEMOUTH COLLEGIATE SCHOOL

Bournemouth Collegiate School is a private, English preparatory boarding school and day school located in Bournemouth, England. The school was formed in 2009 through a merger of Uplands School and Wentworth College, both schools with roots dating back over a century.

The prestigious British prep school offers students a vast variety of course selection and programs of study including standard A level courses leading to 3 or 4 A2 level qualifications (Year 12 and 13), Pre A Level Sixth Form courses, and standard GCSE courses (Year 10 and 11).

International students are placed into course according to their individual levels and needs. To achieve their aims, BCS believes strongly that they want to develop in every pupil, from the youngest to the oldest the 4Cs of BCS. Their broad and inclusive curriculum aims to develop the 4C pupil.

They are:

- + Curiosity to explore new ideas and to find out why.
- + Creativity turning imagination into reality.
- + Commitment to strive for success in all areas; academic and co-curricular.
- + Community, BCS is an all-inclusive and culturally diverse school where every pupil is valued and respected, and where we embrace and celebrate the differences in each other.

At BCS, the United Learning ethos of the 'Best in Everyone' is upheld.





## > BCS FOOTBALL ACADEMY

The BCS Football Academy is a competitive boys English Soccer Academy, fielding multiple teams in different age groups, and are comprised of boys attending the Bournemouth Collegiate School as well competitive players from the region going to other schools. The BCS Football Academy has a successful partnership with the Saints Foundation, part of Southampton Football Club, a club with a world-renowned youth Academy system and youth development. The Academy ethos of 'potential into excellence' is a cornerstone of the work at BCS Football Academy.

The BCS Football Academy teams compete in a regional school league, the National Cup as well as in the highly competitive and prestigious Junior Premier League (JPL). Players must be selected based on merit for the JPL squad. The Academy teams are coached by UEFA qualified, professional coaches from Southampton FC 's Foundation Academy, bringing the program a high level of quality, experience and oversight from one of England's top clubs in youth development.

The BCS Football Academy is designed to allow players to access elite level coaching under their Player Development Pathway. The Academy is player centered with focus around individual improvement in their technical, physical, social and psychological attributes, based around the FA Four Corner Model. The Academy encourages players to express themselves with the ball and help them become imaginative and skillful footballers.

The training is based around technical and tactical coaching sessions aimed to challenge and engage a range of player levels. Classroom based sessions focus on player analysis, nutrition, and the social and psychological elements a modern day athlete need to understand.

Players are placed on BCS teams according to their level and age and have multiple training sessions per week, along with added strength and conditioning sessions including yoga and circuit training. Players also will have the opportunity to compete in matches and tournaments, after approval of their player license.

The football program is structured to enable players rapid advancement in their development as a young player and to also provide them with exposure in highly competitive and well regarded English Football youth leagues.

# BCS BOARDING HOUSE



Students in the IFX Bournemouth Academy program live in the Bournemouth Collegiate School boarding house located next to the impressive sports hall on campus with the bedrooms wrapping around on two floors. BCS is a Co-Education School, meaning that we welcome both boys & girls. We recognize they are very different and we try to respond to that by welcoming them into BCS in the way that best suits them at whatever age they may be when they enter the school. The boarding houses are where friendships are made and a community is developed, but as BCS is also a day school the boarders also have the opportunity to be part of the community and the lives of friends who live locally.

As a boarder at BCS, we offer your child structured independence and the opportunity to grow and mature within a safe and stimulating environment. Living with others will help your child to develop a sense of community. They will grow to understand that caring for others is as important as looking after themselves. Boarding at BCS enables your child to develop friendships which will, and do, last long into their future lives.

They will have the opportunity to develop leadership skills and may be chosen to be a House Prefect or, indeed, Head of Boys' Boarders or Head of Girls' Boarders. In these positions they will be expected to carry out boarding duties, chair Boarding Council meetings, speak at public events and arrange events for the boarding community. With the continued support and care provided by the boarding staff, your child will be able to enrich their own life and that of others while developing into a confident, mature and responsible young adult. We help students to become creative, critical, strategic decision-makers, who are ready to respond creatively to the changing world around them.



# HOST FAMILIES



The students are placed with volunteer Italian families in the region of Northern Italy: Modena, Reggio Emilia, Verona, Bologna, Parma, Carpi and Mantua, as well as in small communities near these cities. Students are not allowed to choose the community nor the school but rather are placed within a community and family according to their interests, skills, and characteristics.

Many host families are the families of former participants of study abroad programs to the USA, Australia and Canada. The typical Italian family consists of a father, mother and one, two or three children. They live in the mentioned cities or outskirts of the cities. Students must follow the host family rules as the rest of the children in the family do.

Host families often have the responsibility of providing the participant with the experience of being "of" the host country. That can mean exploring attributes of the local culture, such as holidays, traditions, and religious celebrations. That can also mean showing typical day-to-day routines.





# TRANSPORTATION



During the IFX participant's evaluation and trial period, IFX will assist participants with logistics of getting to/from training. Once a participant is placed with a club, they will be responsible to get to and from training with public transportation. IFX will provide guidance to each participant on how to go about obtaining a monthly transportation train/bus pass that enables the participants to travel unlimited on public transportation throughout the region. The cost ranges generally from 50 – 75 Euros per month depending upon the region and country.

Participants are not permitted to drive vehicles while in the IFX program and will be subject to program dismissal should they be found driving a vehicle.



# > IFX CONTACT INFORMATION



## IFX Main Office

4847 Hopyard Rd. , Ste. 4, #113  
Pleasanton, CA 94588 - USA  
Tel: +1 510 599 4625  
email: info@ifxsoccer.com

## Emergency Numbers:

### Youth Year & Pro Year Spain IFX Programs:

Provided on your host family contact sheet

### England and Spain Programs:

Provided on your host family contact sheet  
or program documentation.

### Pro IFX Germany:

Christian Schaller  
Cell: +49 160 52 41 547  
Office: +49 911 99 43 9401

In an emergency, call the police or appropriate authority:

**GERMANY**  
Dial 112

**SPAIN**  
Dial 112

**ITALY**  
Dial 112

**ENGLAND**  
Dial 999 or 112

